

令和 8 年度入学試験問題

受験上の注意

1. 監督の指示により、解答用紙に受験番号（算用数字）、氏名、フリガナを記入し、受験番号および該当する試験日をマークしてください。
記入については解答用紙の注意事項に従ってください。
2. 問題冊子と解答用紙の解答番号を間違えないように注意してください。
3. 英語の問題は、2～18ページにあります。試験開始の合図があったら、まずページ数を確認してください。
4. 試験時間中は、受験票を机上の受験番号の下に呈示しておいてください。
5. 質問、その他用件があるときは、手を挙げて合図してください。
6. 試験時間中の退室は認めません。
7. 試験時間は60分です。
8. この問題冊子は持ち帰ってください。

開始の合図があるまで開かないでください

英語

〔1〕 次の〔1〕～〔10〕の文中で適切でない語(句)を①～⑤のうちから一つずつ選び、
解答番号〔1〕～〔10〕の解答欄にマークしなさい。ただし、下線部を完全に削除する
ことによる修正は正解にはならない。

- 〔1〕 After school, Risa takes the 4:50 p.m. train back home, eats dinner, and then listens to J-pops music.
① ② ③
④ ⑤
- 〔2〕 When Mike took a bite of his chocolate ice cream, he realized it was the most best ice cream he had ever eaten in his life.
① ②
③ ④ ⑤
- 〔3〕 I played skiing for six hours yesterday, so I was extremely hungry when I got home.
① ② ③ ④
⑤
- 〔4〕 Jimmy and Timmy look alike, but they are not brothers. In fact, they aren't even relation.
① ② ③ ④
⑤
- 〔5〕 I tried to discouraging the raccoons from trying to open my garbage cans by placing heavy rocks on top of the lids.
① ② ③
④ ⑤
- 〔6〕 Last year, my brother moved to the France because he wanted to learn how to make and prepare French food.
① ② ③ ④
⑤
- 〔7〕 Jim always tells me about the horror movies he watches, but my favorite movies is action and adventure.
① ② ③
④ ⑤
- 〔8〕 These days, because of global warming, it is more hot in July and August. We need to think much more carefully about our environment.
① ② ③
④ ⑤

- 9 On Sunday, the children worked very hard making breakfast for their mom all by themselves.
- 10 After seeing bears eat raw meat at the zoo, Jennifer was frightening to walk in the forest by herself.

〔2〕 次の 11 ～ 15 の空所に入れるのに最も適切な語(句)を①～⑤のうちから一つずつ選び、解答番号 11 ～ 15 の解答欄にマークしなさい。

- 11 Ken is married and stays home to look after his children. He does the laundry, vacuums, and washes the dishes every day. In other words, he is always busy doing ____.
- ① a homework ② a housework ③ homework
④ housework ⑤ a housekeeping
- 12 Although Aya is not ____ in her English abilities, she is going to Canada to study abroad because she wants to improve her English and see another culture.
- ① hopefulness ② confident ③ positive
④ optimism ⑤ faith
- 13 During the first ____ at university, I want to take a European history class.
- ① faculty ② department ③ college
④ semester ⑤ academic

14 Jack and Sandra went to that fancy hotel restaurant, but they didn't order very much because everything was so _____.

- ① overprice ② price ③ cost
④ economic ⑤ expensive

15 My younger brother is _____ by a big hotel, which hired him last month. He only works on Fridays and Saturdays, but he says the money is very good.

- ① working ② part-time ③ profession
④ employed ⑤ engaging

[3] 次の 16 ~ 20 の空所に入れるのに最も適切な語(句)を①~⑤のうちから一つずつ選び、解答番号 16 ~ 20 の解答欄にマークしなさい。

16 If someone follows current events and watches the news every day, we could say that they are _____.

- ① information ② inform ③ informed
④ informer ⑤ info

17 When you go to a job interview, it is important _____ and make eye contact.

- ① smiling ② to smile ③ smile
④ for smile ⑤ to smiling

18 I was going to buy a used car, but then I won a _____ one in a contest.

- ① brand ② brand-new ③ branded new
④ branding ⑤ brands

19 After we won the soccer championship, we had a big _____ in the clubhouse.

- ① celebrate ② celebrating ③ celebration
④ celebrated ⑤ celebrative

20 The fly buzzed around the room for a few minutes and then landed _____ the wall.

- ① to ② for ③ of
④ at ⑤ on

〔4〕 次の英文を読んで、21～25の問いの答えとして最も適切なものを①～⑤のうちから一つずつ選び、解答番号21～25の解答欄にマークしなさい。

This Summer, Don't Let Dehydration* Ruin Your Workout

Exercising in the warmer weather is a welcome change from winter, but summer workouts bring their own challenges, including dehydration. For most people, 64 ounces of water each day is recommended for good health, but this varies with activity level, climate, and individual needs, according to sports medicine physician Hallie Zwibel, D.O. However, according to data from the Centers for Disease Control and Prevention, American adults average a daily water consumption of just 44 ounces, while children and young teens average only 23 ounces.

“Being dehydrated is more than just feeling thirsty – it means your body doesn’t have enough water to function properly,” said Zwibel, an assistant dean and director of the Center for Sports Medicine at New York Institute of Technology’s medical school. “It’s important to listen to your body’s signals and adjust your water intake based on factors like activity level and weather conditions.”

Signs of serious dehydration include extreme thirst, dark urine*, dizziness, confusion,

and rapid heartbeat, according to Zwibel. “If you experience these symptoms, drink water immediately and seek medical attention if symptoms persist,” he said. Chronic dehydration, or when dehydration appears for longer periods, may indicate serious underlying health issues such as diabetes, kidney problems, or certain medications affecting your body’s fluid balance, he added.

Zwibel emphasized that while electrolyte* packets can help replenish* essential minerals lost through sweat, they should not replace daily water intake. Electrolyte-infused water should be consumed in addition to the daily recommended amount.

For those ages 21 and older, alcohol can contribute to dehydration as well, because it strips the body of fluids, Zwibel said. “To counteract these effects, I recommend having a glass of water every 30 minutes, which will help continually replenish any fluids lost,” he advised.

“This summer, whether you’re playing an outdoor sport like tennis or beach volleyball, or headed out for a run, it’s essential to stay hydrated by drinking plenty of water before, during, and after the activity,” said Zwibel.

The physician noted that wearing sunscreen, a hat, and light-colored clothing can also protect against the sun’s rays and reduce the risk of overheating, while taking regular breaks in the shade can help you stay cool and safely maintain exercise performance. “On the hottest days, try to schedule your workout or activity for the early morning or evening, when temperatures are cooler,” he added.

Zwibel is one of many New York Tech faculty lending their expertise to help tackle real-world challenges.

【Adapted from NewsUSA.com (2025), “This Summer, Don’t Let Dehydration Ruin Your Workout,” *NewsUSA.com*】

注

dehydration : 脱水

urine : 尿

electrolyte : 電解質

replenish : 補充する

- [21] According to the article, how many ounces of water should an average American adult drink daily?
- ① American adults average a daily water consumption of just 44 ounces.
 - ② American adults average a daily water consumption of just 64 ounces.
 - ③ American adults should average a daily water consumption of 23 ounces.
 - ④ American adults should average a daily water consumption of 64 ounces.
 - ⑤ American adults should average a daily water consumption of 44 ounces.
- [22] Where does Hallie Zwibel work?
- ① At the Centers for Disease Control and Prevention.
 - ② At the Center for Sports Medicine in California.
 - ③ At the New York Institute of Technology.
 - ④ For a New York sports team.
 - ⑤ The article does not give a definite answer.
- [23] According to the article, what is one of the signs of dehydration?
- ① Extreme thirst.
 - ② Confusion.
 - ③ Dizziness.
 - ④ A rapid heartbeat.
 - ⑤ All of the above.

24 According to the article, how does alcohol affect the body with regard to dehydration?

- ① It helps replace electrolytes.
- ② It helps replace fluids.
- ③ It removes fluids from the body.
- ④ It strips the body of clothing.
- ⑤ All of the above.

25 According to Zwibel, how can people stay hydrated in the summer?

- ① They should drink plenty of alcohol.
- ② They should not play sports in the summer.
- ③ They should only take electrolyte packages in the summer.
- ④ They should drink a lot of water.
- ⑤ They should wear heavy clothing and hats.

[5] 次の英文を読んで、26～29の問いの答えとして最も適切なものを①～⑤のうちから一つずつ選び、解答番号26～29の解答欄にマークしなさい。

When it's Smart to Put Down the Phone

Most Americans spend hours each day scrolling through their phones, but an expert at New York Institute of Technology warns this habit may lead to smartphone addiction – releasing the same neurochemicals* as hard drugs.

“Smartphones create the same chemical reaction in the brain as drugs and alcohol,” said Melissa DiMartino, Ph.D., associate professor of psychology at New York Tech. “Getting ‘likes,’ messages, and notifications from your phone releases dopamine*, which makes us feel good, and in turn, we want to repeat these feel-good behaviors.

However, when we don't get them, we feel depressed and lonely, which creates an adverse effect," she said.

If you feel anxious without your phone and can't go anywhere without it, these are signs you may be using it too much, noted DiMartino. For others, the continuous stream of updates and always being available can generate a sense of urgency, leading to increased anxiety* and stress.

DiMartino conducted a study analyzing the impact of smartphones in the college classroom. Specifically, she analyzed how mindfulness* and attention, as well as anxiety levels, are affected when students' smartphones are present vs. removed.

In four classes, half of the students turned in smartphones, while the other half kept their phones and used them without restrictions.

After six weeks, students self-reported scores on course comprehension, mindfulness, and anxiety levels. Those who handed in their smartphones reported much higher comprehension and mindfulness scores and lower levels of anxiety compared to the students who kept their phones.

"While our research focused on a younger age group, people of all generations can benefit from routinely unplugging from their smartphones, from improved sleep to relieving the stress that comes with always being 'on,'" DiMartino said.

DiMartino offers this guide to healthy separation from your smartphone:

Separate to sleep. Mental health and sleep are closely tied together. Leaving your phone outside of your bedroom has been found to significantly improve sleep quality. If you need an alarm, swap out the phone for a traditional alarm clock.

Schedule breaks. Try taking scheduled time apart from your phone, perhaps 30 minutes or one hour to start, gradually extending the length over time.

Do not disturb. Turn off notifications to create limits. Update your smartphone settings to "do not disturb" between certain hours, which can ease the anxiety that a constant stream of text messages, notifications, and alerts brings.

DiMartino is one of many New York Tech researchers who are tackling real-world

challenges.

【Adapted from NewsUSA.com (2025), “When it’s Smart to Put Down the Phone,”
NewsUSA.com】

注

neurochemicals : 神経化学物質

dopamine : ドーパミン

anxiety : 不安

mindfulness : 今起きている事に集中している心の状態

26 According to the article, how do you know if you are using your smartphone too often?

- ① You are using your smartphone too often if you are addicted to hard drugs.
- ② You are using your smartphone too often if you are addicted to drugs and alcohol.
- ③ You are using your smartphone too often if you get messages and notifications.
- ④ You are using your smartphone too often if you feel anxious without it.
- ⑤ All of the above.

27 Which of the sentences below describes Melissa DiMartino?

- ① She conducted research on smartphones.
- ② She is an associate professor.
- ③ She works at New York Tech.
- ④ She teaches psychology.
- ⑤ All of the above.

28 How long did the study at the New York Institute of Technology last?

- ① About a few hours each day.
- ② About four months.
- ③ About half a month.
- ④ About one and a half months.
- ⑤ The article does not provide this information.

29 According to the article, how can you get a better sleep at night?

- ① You can reset the alarm on your smartphone.
- ② You can hang a “do not disturb” sign in your room.
- ③ You can use your smartphone to schedule breaks.
- ④ You can leave your smartphone outside of your bedroom.
- ⑤ All of the above.

[6] 次の 30 ～ 34 の日本語の意味として最も適切な英文を①～⑤のうちから一つずつ選び、解答番号 30 ～ 34 の解答欄にマークしなさい。

30 消防士たちはその通りを急いで運転しています。

- ① The firefighters is driving down the street quickly.
- ② The firefighters is driving through the street quick.
- ③ The firefighter are driving down the street quickly.
- ④ The firefighters drive through the street quick.
- ⑤ The firefighters are driving down the street quickly.

- 31 昨夜は十分に眠れなかったので、今朝は疲れています。
- ① I didn't get enough to sleep last night, so I'm tired of this morning.
 - ② I didn't get enough sleep last night, so I'm tired this morning.
 - ③ I didn't get enough to sleep last night, so I'm tired to this morning.
 - ④ I didn't get enough sleeping last night, so I tired this morning.
 - ⑤ I didn't get enough to sleep last night, so I tired this morning.
- 32 このレストランで他に何を食べたいですか。
- ① What else would you like to eat at this restaurant?
 - ② What other would you like to eat at this restaurant?
 - ③ What else would you like eat at this restaurant?
 - ④ What other would you like eat in this restaurant?
 - ⑤ What another would you like to eat in this restaurant?
- 33 私はいつもクリスマスに家族のためにケーキを買います。
- ① I always buy cake for my family at Christmas Day.
 - ② I usually buy a cake for my family to Christmas Day.
 - ③ I always buy cake for my family in Christmas Day.
 - ④ I always buy a cake to my family for Christmas Day.
 - ⑤ I always buy a cake for my family on Christmas Day.
- 34 すみません、ディズニーランドへの行き方を教えていただけますか。
- ① Excuse me. Can you tell me how to get Disneyland?
 - ② Excuse me. Could you tell me how to go Disneyland?
 - ③ Excuse me. Can you tell me how to get to Disneyland?
 - ④ Excuse me. Could you tell me how to I go to Disneyland?
 - ⑤ Excuse me. Could you tell me to get to Disneyland?

- [7] 以下の会話が成り立つように [35] ~ [46] の空所に入れるのに、最も適切な表現をそれぞれ①~⑤のうちから一つずつ選び、解答番号 [35] ~ [46] の解答欄にマークしなさい。

Situation: Two strangers talking on a train in Japan.

Tourist: So, I said, "Excuse me, but I wanted chocolate sprinkles on my ice cream."

So, then the guy said, _____ [35] _____ Can you believe that? I had already ordered and then he wanted me to pay more money. That's crazy, right? So, anyway...

Local: Excuse me, but we are on a train. _____ [36] _____

Tourist: Excuse me, but this call is important to me. Try not to listen to my conversation.

Local: I don't want to listen to you, _____ [37] _____

Tourist: Excuse me. I'm just talking on my phone. Everyone does it.

Local: In Japan, _____ [38] _____ Just look at this sign. It says, "Please don't talk on your phone while on the train."

Tourist: What? Really? Sorry, but I didn't know that. I'm on vacation here. In my country, everyone talks on their phone all the time. Come to think of it, it is kind of annoying. I'll just text my friends from now on. Thanks.

Local: Thank you for understanding. _____ [39] _____

Tourist: Thanks.

[35]

- ① "You have to pay extra for chocolate sprinkles."
- ② "There you are."
- ③ "Extra sprinkles. Here you go."
- ④ "You ordered chocolate sprinkles."
- ⑤ "Extra chocolate sprinkles are free."

36

- ① Could you please talk a little louder?
- ② Could you please call your friend?
- ③ Could you talk to my friend quietly?
- ④ Could you please stop talking on your phone?
- ⑤ Could you please raise your voice?

37

- ① but you are very quiet.
- ② but you are so kind.
- ③ but you aren't noisy.
- ④ but you are talking too quietly.
- ⑤ but you are very loud.

38

- ① we are encouraged to talk on our phones while on the train.
- ② we are discouraged from talking on our phones while on the train.
- ③ we are inspired to talk on our phones while on the train.
- ④ we are excited to talk on our phones while on the train.
- ⑤ we are supposed to talk on our phones while on the train.

39

- ① I hope you call me when you are on the train.
- ② I hope you trip when you get off the train.
- ③ I hope you enjoy the rest of your trip.
- ④ I hope you enjoy talking to your friend on the phone while on the train.
- ⑤ I hope your vacation ends soon.

Situation: A staff member talking to a new member at the gym.

Staff member: Good afternoon.

New member: Good afternoon. This is my first time working out here. How do I check in?

Staff member: _____ 40 _____

New member: Yes. Here you are.

Staff member: Thank you. I will just scan your card and then you can go get changed in the changing room.

New member: Thank you. Where is the changing room again?

Staff member: _____ 41 _____ You can choose any locker you like.

New member: Thanks.

Staff member: No problem. If you have any questions, just ask any of the staff members. _____ 42 _____

New member: Thanks. I haven't been to the gym in a while, so I think I'll _____ 43 _____ today.

Staff member: That is probably a good idea.

40

- ① May I see your driver's license please?
- ② Do you have a room reservation?
- ③ Did you check in already?
- ④ Did you enjoy your workout?
- ⑤ Do you have your membership card?

41

- ① It is up the stairs and to your right.
- ② Yes, we have your room reservation.
- ③ No, you can change in the restroom.
- ④ You don't need a key.
- ⑤ There is a change machine in the lobby.

42

- ① I hope you enjoy your stay.
- ② Please enjoy your meeting.
- ③ I hope you have a good workout.
- ④ I look forward to working with you.
- ⑤ Please enjoy working with me.

43

- ① just go home
- ② check out
- ③ join the gym
- ④ take it easy
- ⑤ become a member

Situation: Two foreign people walking in a park in Japan.

Jason: This is a great park. Look at that tiny temple.

Kate: It looks so beautiful.

Jason: It almost looks like it is floating on the lake.

Kate: How is your Japanese coming along?

Jason: Okay, I guess. _____ 44 _____

Kate: Are those the characters used to write foreign words?

Jason: Yeah. I'm always making mistakes.

Kate: Oh, look! That ice cream looks delicious. 45 _____

Jason: Okay, but all the signs are in Japanese.

Kate: Well, now you can show off your new Japanese reading skills.

Jason: I'll try. Which one looks the best?

Kate: That one.

Jason: I think so, too. I think it says *cookie zuandobanira*. I wonder what that means?
I'll try and order for us. Excuse me, sir! Two *cookie zuandobanira*, please.

Staff: "*Cookie zuandobanira?*"

Jason: Yes, *cookie zuandobanira*.

(The staff member starts to speak English.)

Staff: Do you mean cookies and vanilla?

Jason: Oh, cookies and vanilla. That makes more sense. Yes, two orders of cookies
and vanilla, please.

Staff: Here you are.

Jason: Thank you.

Kate: _____ 46

44

- ① I have just started learning new vocabulary words.
- ② I have just started learning *kanji*.
- ③ I have just started learning *hiragana*.
- ④ I have just started learning *katakana*.
- ⑤ (All of the above are possible answers.)

45

- ① Let's get some.
- ② Let's put everything in order.
- ③ Let's order a full meal.
- ④ Let's just go home.
- ⑤ Let's try to order a glass in Japanese.

46

- ① I think you just need more practice.
- ② Well, you almost got it.
- ③ I think your Japanese is excellent!
- ④ You ordered like you just started studying Japanese.
- ⑤ (All of the above are possible answers.)